

What to Do After a Work Injury: A Quick Guide



1. Seek Medical Attention

- Your health is the top priority. Report the injury to your supervisor immediately and seek medical attention as soon as possible.
- Some injuries may not be immediately apparent.



2. Report the Accident to Your Employer

- Provide a detailed written report of the accident, including the date, time, location, and any witnesses.
- Be as specific as possible about the circumstances leading to the injury.



3. Document Everything

- Keep records of all medical treatments, expenses, and any lost wages due to the injury.
- Maintain a file of all communication related to the accident, including with your employer and medical providers.



4. Consult the Workers' Compensation Attorneys at ACA Law

- We can advise you on your legal rights and options for obtaining workers' compensation benefits.
- We can handle communication with your employer and insurance company and negotiate on your behalf.



Important Notes from the Attorneys at ACA Law:

- **Don't admit fault:** Avoid discussing the cause of the accident or accepting blame at work.
- **Be mindful of social media:** Refrain from posting about the accident online, as it could be used against you.
- **Statute of limitations:** Be aware of the time limit in your state for filing a workers' compensation claim.

www.acalawyer.com or Call 570.348.0200

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